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RAIS NEWS

...a caring community

"Faith consists in believing when it is beyond the power of reason to believe.

It is not enough that a thing be possible for it to be believed."

- Voltaire

10th
Anniversary
Excellence in Education

La Denne Manata d

Elementary Section Leader

Hats off to Putter and Do Yeon!

Thapanun "Putter" Chuahor and Do Yeon Kim maintained very impressive GPA every quarter last school year 2008-2009. At the end of the year, both students got a cumulative GPA of 4.00! Putter is currently in second grade and Do Yeon in eleventh grade (section B).

PUTTER ANSWERS...

Q: How did you maintain your GPA last school year?

A: I studied good, did good, and respected teachers.

Q: What study habits would you want to share with other students at RAIS?

A: Read books, do homework right away, and ask someone when you don't understand.

Q: Do you think good grades are important?

A: Yes. For me, studying hard and getting good grades make me smart.



DO YEON ANSWERS...

Q: How did you maintain your GPA last school year?

A: I prepared a lot for my exam. I never forgot my homework.

Q: What study habits would you want to share with other students at RAIS?

A: Just prepare for the exam about 3-4 weeks before we have it.

Q: Do you think good grades are important? Why?

A: Yes, it is important because it helps us to widen our choices of doing what we want.



Getting good grades begins from forming good study habits and skills. RAIS wishes Putter and Do Yeon and the rest of the students all the best as they go through this school year.

"If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." James 1:5

Richmond Ilao

Guidance Counselor

Cultivating Study Habits & Skills

Students, Hear Yel! Hear Yel!

It takes patience and dedication to cultivate good study habits and skills. Having the required skill at your disposal makes your learning easier and fun. It gives you confidence to tackle even the hardest and the most boring subject you will ever encounter throughout your school life.

Before you learn the effective methods in studying, you might consider knowing what kind of a learner you are. Don't forget that your counselors are here to help you find out what your learning styles are. Knowing your learning styles and the effective methods you use to study helps you develop your own methods/techniques as to how you learn best.

During the chapel program, Dr. Eva T. Noble, the Assistant Curriculum Coordinator gave an insightful presentation on how to cultivate study habits & skills more effectively in the elementary school, middle school, and high school.

My dear students, equip yourselves with effective study methods, and most importantly don't forget to ask God for guidance and wisdom. In that way you all will do well on your studies and get good grades. After achieving your goal, tap yourself at the back. Thank your teachers for helping you through. Be proud of your accomplishments and keep doing a good job. Make your parents proud!

Sophia Rao Mandwari

Middle School/EFL Section Leader

Study Habits

Students, another school year has just begun and here is some good advice and a study system (ASPIRE) for you to consider and practice to be successful.

Study is like the heavens' glorious sun.

William Shakespeare

You can prepare yourself to succeed in your studies. Try to develop and appreciate the following habits:

• **Take responsibility for yourself**

Recognize that in order to succeed you need to make decisions about your priorities, your time, and your resources

• **Center yourself around your values and principles**

Don't let friends and acquaintances dictate what you consider important

• **Put first things first**

Follow up on the priorities you have set for yourself, and don't let others, or other interests, distract you from your goals

• **Discover your key productivity periods and places**

Morning, afternoon, or evening?

Find spaces where you can be the most focused and productive.

Prioritize these for your most difficult study challenges

• **Consider yourself in a win-win situation**

When you contribute your best to a class, you, your fellow students, and even your teacher will benefit.

Your grade can then be one additional check on your performance

• **First understand others, then attempt to be understood**

When you have an issue with an instructor (a questionable grade, an assignment deadline, etc.) put yourself in the instructor's place.

Now ask yourself how you can best make your argument given his/her situation

• **Look for better solutions to problems**

For example, if you don't understand the course material, don't just re-read it.

Try something else! Consult with the professor, a tutor, an academic advisor, a classmate, a study group, or your school's study skills center

• **Look to continually challenge yourself**

Adapted from Seven Habits of Highly Effective People by Steven Covey

ASPIRE: A Study System

A: Approach/attitude/arrange

- Approach your studies with a positive attitude
- Arrange your schedule to eliminate distractions

S: Select/survey/study

- Select a reasonable chunk of material to study
- Survey the headings, graphics, pre- and post questions to get an overview
- Study marking any information you don't understand

P: Put aside/piece together

- Put aside your books and notes
- Piece together what you've studied, either alone, with a study

I: Inspect/Investigate/inquire/:

- Inspect what you did not understand.
- Investigate alternative sources of information you can refer to: other text books, websites, experts, tutors, etc.
- Inquire from support professionals (academic support, librarians, tutors, teachers, experts,) for assistance

R: Reconsider/reflect/relay

- Reconsider the content:
If I could speak to the author, what questions would I ask or what criticism would I offer?
- Reflect on the material: How can I apply this material to what I am interested in?
- Relay understanding: How would I make this information interesting and understandable to other students?

E: Evaluate/examine/explore:

- Evaluate your grades on tests and tasks, look for a pattern
- Examine your process toward improving it
- Explore options with a teacher, support professional, tutor, etc.