



September 11, 2009  
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# RAIS NEWS

...a caring community

*"It's how you deal with failures that determines  
how you achieve success."*

- David Feherly

*10<sup>th</sup>  
Anniversary*  
Excellence in Education

*Choose my instruction instead  
of silver; knowledge rather  
than choice gold.*

*Proverbs 8:10*

## Ramkhamhaeng International SDA Church

Presents

7 Keys to Eternal Happiness

By: Pastor Wendell Mondolang

Dates: September 20-26, 2009

Dinner & Registration: 6:00-6:45 PM

Meeting Time: 7:00-8:00 PM

### Topics Include:

1. Sunday - Ancient Scriptures for a Bright Future
2. Monday - Gratitude to the Creator of the World
3. Tuesday - The Benefits of a Peaceful Family
4. Wednesday - The Good News about Jesus' Death
5. Thursday - Hope After Death
6. Friday - Jesus is Coming Again
7. Saturday - The End of the World (11:00-12:00 PM)

Need answers to life's problem?

Is your future secure in this world?

Why is my family not understanding my needs?

Why should I be concerned about tomorrow?

Is there more to life than just money?

Come...Find Answers...Find Hope...Find Happiness

1 Soi Ramkhamhaeng 119

Sukhapibal 3 Road

Huamark, Bangkok

Bangkok, Thailand 10240

For more information please contact:

Pastor Steve: 089-8861309

### Dates to Remember:

September 16

- Chapel Period: International Day

September 21 - 25

- Spiritual Emphasis Week

September 24 - 30

- Activity Exam Week

September 26

- GLL Outreach Ministry Program

September 27

- Pathfinder Swimming Honor (Grade 6)

September 30

- Pathfinder Induction and Dedication Ceremony

*Memel D. Nequis*

*Homeroom Teacher 12B*

### **The Golden Rule:**

**"Therefore, whatever you want men do to you, do also to them..." Matthew 7:12**

Does this mean that we have to hate others too as they have done to us? Do we hit them back when they hit us?

"You've heard it—or maybe you've said it, "I couldn't help it! He made me angry; I had to get back at him!" This statement is not true. No one **makes** you act out your anger. What you do is a choice of your brain. An **emotion** is what hits you; a **feeling** is what you choose to hold on to, your own feelings. Feelings are never the other person's fault. Saying "I couldn't help it" is really saying, "I chose to not help it." A literal way to translate it might be, "All things therefore, as often as they occur in your life, are what you may wish that people do to you ..."

Have you ever been caught in one of those awkward social situations in which you didn't know how to respond to someone? Perhaps they caught you off-guard by some insensitive act. Or perhaps they asked something of you that you could not give them. Or perhaps, you offended them in some way, or acted insensitively toward them.

Well, whenever we encounter a question of what we are to do with other people, Jesus calls us to stop and ask this simple question of ourselves; "What would I want people to do to me in a similar situation?"



# International Day '09

*Obie Ellmoos, EFL2 Homeroom Teacher*

**What:** International Food Fair and Cook off.

**When:**

- 7:30 : Grand Parade of Nations
- 7:40 – 8:25 : Elementary School Chapel
- 8:25 : Middle School, EFL 3- 5 Cook off
- 9:25 : High School Cook off
- Lunchtime: Picnic lunch

**Where:**

- Grand Parade will be along the school driveway.
- Middle school and High school Cook off will be on the green court.
- Elementary Chapel will be held in the usual place.
- Picnic lunch; bring a plate of food to share with your classmates! Bring a plate, cup, spoon and fork.

**ALL parents, teachers, administrators, and students are invited to join the events. You are requested to dress in your national costume.**

*Mr. Glojohn - 7A Homeroom Teacher*

**From Gibb of grade 7A, about the Courtesy Week:**

Courtesy is another way of showing respect to other people, including you. Without it, the world cannot function and reach to the present day. If you haven't realized it, courtesy is one of the most important factors of life; love, respect, consideration, moral, ethics, and understanding all come from the basic seed of being courteous. So why don't we practice it, and let it become part of us, so that we do not need to be told when to be courteous, but it will already be inside you, part of your body – your instinct.

**From Aim of grade 7A, about the field trip to Buffalo Village:**

On Tuesday, the 8th of September 2009, Grade 7, 9 and 10 went to buffalo Village at Supanburi. Going there helped us to understand how important buffalos are to agriculture. Students who went there rode on buffalos and some of them planted rice in the rice field. There was a buffalo show and people there showed us how buffalos are used in agriculture. There are many types of buffalos that are used in different ways. Some students were amazed by the information about the Buffalos that they didn't know yet. After that, we went back to school at around 3pm.

Today and always, may our loving memories bring you strength, comfort, and peace. Have a very good weekend!

*PE Department*

## SPORTS ACTIVITIES



Here is the schedule for September activities prepared by the P.E department.

**September 14** (Monday)

Basketball Inter House Tournament For Seniors (Boys and Girls)

(Check the P.E Bulletin board for the schedule)

**September 25** (Friday)

Men's Futsal match (Teachers vs. Students)

**September 29** (Tuesday)

U15 Women's Basketball at Traill International School

